

# EAT THISBOOK



## WEEK TWO

### DAY EIGHT

Mark Ch 2

#### **Content**

Opposition! Jesus encounters it. Criticism. Misunderstanding. Accusation. Slander. It's a part of the journey.

#### **Reflections**

Why do people oppose Jesus? What can you learn about handling opposition from Jesus?

#### **Strategic prayer**

Jesus, thank you that opposition is not a sign of your displeasure but a sign of movement... in the right direction.

### DAY NINE

Mark Ch 3

#### **Content**

As Jesus continues to minister to the people, he attracts large crowds of followers. He is magnetic! Out of the crowd emerge 12 disciples who are to be trained to minister as Christ ministers.

#### **Reflections**

What's the difference between a crowd person & a disciple? Why would Jesus call people into a closer lifestyle with Him?

#### **Strategic prayer**

Lord, help me to follow you wholeheartedly, putting aside fears, worries & peoples' opinions.

## **DAY TEN**

Mark Ch 5

### **Content**

Miracles happen! Jesus liberates a bound man; heals a long suffering woman & raises a young girl from the dead. Christ - Son of God with immense authority & power.

### **Reflections**

What seems impossible in your life? Is it too hard for God?

### **Strategic prayer**

Jesus, may I not limit your ability to do anything. Enable me to see you as the all powerful & all conquering resurrected Son of God.

## **DAY ELEVEN**

Mark Ch 9

### **Content**

Jesus manifests His glory in a mountain. The argumentative disciples, in a valley, have no glory & a child is held in bondage. Mmmhhhh!

### **Reflections**

Prayer & glory in the mountain; argument & failure in the valley. What do you learn from these vast contrasts?

### **Strategic prayer**

Father, I ask you to keep me from useless argument. Improve my life of prayer.

## **DAY TWELVE**

Mark Ch 10

### **Content**

This is a fascinating chapter about following Jesus. A wide range of people (married folks, children, a rich guy, Peter, James & John & blind Bart) are pictured in different scenes – each raising a question about following Jesus.

### **Reflections**

Why do you follow Jesus? How can your followership be improved?

### **Strategic prayer**

I want to follow you Jesus.

## **DAY THIRTEEN**

Mark Ch 14

### **Content**

Bethany anointing. Upper room supper. Gethsemane wrestling. Arrested. Tried. Denied. Night & Day. Heaven & Hell. The extremes of humanity in this enthralling account of the Last Hours.

### **Reflections**

Why are people capable of such extremes of love & hatred?  
Consider why Jesus would pay this price for your soul.

### **Strategic prayer**

Thank you, Jesus for being a sacrificial lamb for me.

## **DAY FOURTEEN**

Mark Ch 15

### **Content**

Story is the basis of theology. Today, we witness the trial, mocking, crucifixion, death & burial of Jesus. Our fundamental beliefs, drines & theology flow out of this momentous event – the death of our leader, Jesus Christ.

### **Reflections**

Why is the death of Jesus central to our faith? How does the death of Christ affect you on a day to day level?

### **Strategic prayer**

Jesus, thank you for dying for me. Help me to live for you.