

# EAT THISBOOK



## WEEK THREE

### DAY FIFTEEN

Mark Ch 16

#### Content

Light breaks forth across the page as the resurrection of Christ unfolds. Disciples are then commissioned to take this good news to the nations. In typical Mark style this last chapter is punchy & vibrant.

#### Reflections

Why is the great commission so closely linked to the resurrection?  
How can you fulfill the great commission?

#### Strategic prayer

Father, thank you that Jesus is not dead, but alive. Grant me today an opportunity to share this good news with someone.

### DAY SIXTEEN

Ephesians Ch 1

#### Content

Paul had been to Ephesus earlier, ministering there for over two years. This letter unveils the "mystery" of the church - God's 'secret' intention to form one body of Jew & Gentile that would be empowered to express Christ, His victory & glory, to the world. In Ch 1 Paul abounds in praise of God's glory. He worships, pouring out an impassioned prayer for the church... and invites us to join him.

#### Reflections

Why does Paul use the phrase "in Christ" extensively in this passage? What impact does this phrase have on how you live your life?

#### Strategic prayer

Pray Paul's prayer v15-23 - it's a ripper!

## **DAY SEVENTEEN**

Ephesians Ch 2

### **Content**

The church! A new man. A building. A holy temple. A body of people, indwelt by the Holy Spirit, displaying the glory of God's Son, Jesus Christ.

### **Reflections**

How can I assist God in His mission of building the church?

### **Strategic prayer**

Father, build your church through my life & gifts.

## **DAY EIGHTEEN**

Ephesians Ch 6

### **Content**

Establishing the church is a battle. Not against people, but against spiritual powers of evil. Through Christ we can prevail & see the gospel of Christ spread through the globe.

### **Reflections**

What battle do you need to win?

### **Strategic prayer**

I stand in the strong name of Jesus & declare the devil's defeat & Christ's victory in every domain of my life & our church.

## **DAY NINETEEN**

Philippians Ch 1

### **Content**

Paul wrote this personal letter in response to the generous gift of friendship & finance from the church in Philippi. He encourages his friends to remain faithful to Christ as they journey through times of pressure. In Ch 1 Paul declares his faith in the ultimate completion of Christ's work in him & his friends.

### **Reflections**

Why is Paul so confident to say "it's all good"?

### **Strategic prayer**

Pray Paul's prayer in vs9-11

## **DAY TWENTY**

### Philippians Ch 4

#### **Content**

Paul uses the public spat between two key leaders as a platform to address fundamental issues of walking with Christ. He thanks the Philippians for their generous gift & gives us his thoughts on finance.

#### **Reflections**

Why would Paul admonish two leaders in such a public manner? How is this connected to Paul's emphasis on humility through this book?

#### **Strategic prayer**

Father, keep me generous in my heart & with all my resources.

## **DAY TWENTY ONE**

### Acts Ch 1

#### **Content**

Luke wrote the book of Acts to show the growth, impact & spread of the church in its formative decades. He focuses on the ministry of two main people (Peter & Paul) & two main churches (Jerusalem & Antioch).

The prelude of Ch 1 sets the scene of an ascended Christ and waiting disciples.

#### **Reflections**

Why did the disciples have to wait for the Holy Spirit? According to Jesus, why was the Holy Spirit given?

#### **Strategic prayer**

Jesus... fill me with the Holy Spirit