

 **PRAYER**  
WEEK  
OF & FASTING   
AUGUST  
23-30

*Lectio Divina*

- Read the scripture slowly and carefully
- Meditate, think deeply or dwell upon a spiritual reality within the text
- Pray, have a loving conversation with God
- Contemplate, rest in God's presence
- Act, go and do likewise

**Psalm 63**

<sup>1</sup> God, you are my God; I eagerly seek you.  
I thirst for you;  
my body faints for you  
in a land that is dry, desolate, and without water.

<sup>2</sup> So I gaze on you in the sanctuary  
to see your strength and your glory.

<sup>3</sup> My lips will glorify you  
because your faithful love is better than life.

<sup>4</sup> So I will bless you as long as I live;  
at your name, I will lift up my hands.

<sup>5</sup> You satisfy me as with rich food;  
my mouth will praise you with joyful lips.

<sup>6</sup> When I think of you as I lie on my bed,  
I meditate on you during the night watches

<sup>7</sup> because you are my helper;  
I will rejoice in the shadow of your wings.

<sup>8</sup> I follow close to you;  
your right hand holds on to me.

<sup>9</sup> But those who intend to destroy my life  
will go into the depths of the earth.

<sup>10</sup> They will be given over to the power of the sword;  
they will become a meal for jackals.

<sup>11</sup> But the king will rejoice in God;  
all who swear by him will boast,  
for the mouths of liars will be shut.